

③ 4:59am

~~Saturday 3rd~~

Yawmul Ahaad ~~Sunday 4th Nov~~
February 2024

Book 18: Life Reflections 04/01/24

4:59am

- Bismillahirrahmaanirrahheem

- In The Name of Allah, The
Entirely Merciful, The Especially
Merciful

Text / notes

1. I just woke up feeling light
headed
2. I felt like my head was in the clouds
3. My body felt light in connection
with my brain
4. Alhamdulillah
5. I'm not sure whether it was due
to Ibrahim Al Akhdar's recitation
of Surah Baqarah from my
phone